



**U15-U18 Travel Teams (Hybrid Season)  
Training Schedule  
(September 15 – November 12, 2023)**

<b>TEAM</b>	<b>FRIDAY</b>	<b>SATURDAY</b>	<b>SUNDAY</b>
<b>U15 Girls</b>	715-830PM	400-600PM	900-1030AM or 1030-1200PM
<b>U16 Girls</b>	715-830PM	400-600PM	900-1030AM or 1030-1200PM
<b>U17 Girls</b>	715-830PM	400-600PM	900-1030AM or 1030-1200PM
<b>U18 Girls</b>	715-830PM	400-600PM	900-1030AM or 1030-1200PM
<b>U15 Boys</b>	830-945PM	600-800PM	530-730PM
<b>U15 II Boys</b>	830-945PM	600-800PM	530-730PM
<b>U16 Boys</b>	830-945PM	600-800PM	530-730PM
<b>U17-18 Boys</b>	830-945PM	600-800PM	530-730PM

\*Schedule Subject to Change

\*Fri/Sat practices at BC Prep (15358-67 Ave)

\*Sunday practices at Gabrielle Roy (6887-132st)- GIRLS ONLY

\*Training fees will be reduced to \$149/month

\*Teams will compete in the Basketball BC: U15-U18 CHAMPIONS LEAGUE

\*Team will compete in 1 Tournament in Washington