



U15-U18 Fall PREP/DA Training Groups Training Schedule

(September 12 – November 15, 2025)

HS Girls Fall PREP Program	FRIDAY	SATURDAY	SUNDAY
Girls JV Group (Grade 9-10s)	7:45-9:30PM @ BCP	4:00-6:30PM @ BCP	9:00-10:45AM @ GBR
Girls Varsity Group (Grade 11-12s)	7:45-9:30PM @ BCP	4:00-6:30PM @ BCP	10:45-12:30PM @ GBR

(September 9 – February 28, 2026)

HS Girls Fall DA Program	TUESDAY	THURSDAYS
Girls JV Group (Grade 9-10s)	8:00-9:30PM @ GBR	8:00-9:30PM @ GBR

*Schedule Subject to Change

*Fri/Sat practices at BC Prep (15358-67 Ave)

*Sunday practices at Gabrielle Roy School (6887-132st)

*No training session on competition weekends